

Project title	Let's share our snack!
Theme	Food and intercultural education: promoting healthy eating habits and comparing different cultures through food.
Topics covered	The difference between healthy foods and junk food; the five meals of the day; the importance of eating fruit and vegetables; typical foods from one's own country; typical foods eaten during traditional celebrations (Christmas, New Year, Easter)
General objectives	Promote proper nutrition Develop intercultural awareness through food Improve basic language skills in a foreign language (English) Stimulate curiosity and creativity
Specific objectives	Recognise and classify healthy and 'unhealthy' foods Communicate using short sentences in a foreign language Represent food and meals graphically Working in groups to produce a joint project
Subjects involved: <ul style="list-style-type: none"> • L1 • English • Mathematics • Science • Art and image • Music • Civics 	<ul style="list-style-type: none"> • Listening and comprehension, participation in communication exchanges; • Basic vocabulary and production of short structured sentences • Classifying and representing data • Knowledge of plants and fruits • Production of graphic and digital artefacts • Reproduction of musical rhythms • Respect for diversity, combating food waste
Project duration	From October to April

Participants	Pupils aged 6 to 9
Project phases	<p>Phase 1: Knowledge. Pupils prepare a presentation about themselves (e.g. their favourite food) and their class, using a poster, Padlet or PowerPoint presentation, for example (digital platforms can be used to develop pupils' digital skills)</p> <p>Phase 2: Choosing the project mascot. Each school chooses a mascot created by its pupils, addressing the theme of healthy foods and 'junk food', which will accompany the project. Schools in each country will vote and the most voted will be the official mascot</p> <p>Phase 3: Presentation of snacks and typical foods from certain holidays. Each school documents, as it sees fit what kind of snack is eaten during break time. The material from each school will be presented to its class, followed by a digital game to increase interactivity and understanding.</p> <p>Phase 4: Fruit in action! The pupils will have to record the fruit they eat in the canteen in a table on a daily basis. At the end of a period to be decided by the team, the pupils will carry out an analysis of which fruit is most commonly offered in the canteen and record the data.</p> <p>Phase 5: Final greetings. The final phase involves the joint creation of an e-book containing various materials produced during the project</p>
Assessment	Pupils will be assessed using observation grids. The observation will be based on the pupils' participation, understanding of the content and the artefacts produced.

Notes	<p>Each class, depending on its level, can adapt the activities to make them stimulating for their pupils and link them to different subject areas.</p> <p>For example, when talking about fruit, a teacher of 6-year-olds can link this topic to science by discussing the theme plants, while a teacher of 8-year-olds can already talk about the food pyramid food pyramid.</p>
	<p>It is important to emphasise that the activities will have flexible deadlines so as not to cause discomfort to us teachers.</p>